



Faith, Hope, & Love- The Keys to Happiness



Louise, Jayne and Shadow, Nancy Lind

At 87, Jayne Delforge delights in the simple things in life—living in her own home, having a loving family, and making new friends who support her independent spirit. Jayne is very social and really enjoys being with others and being independent has always been important to her. Her independence and social life almost came to a halt when she broke her hip in 2007 and had to undergo hip replacement surgery. Unfortunately she developed an infection and was sidelined for three months. Along with spinal stenosis, arthritis in her back and bad knees, this health setback radically changed her way of life. Family convinced her to move closer to them in town. The doctor said no more driving, lifting anything, or vacuuming. She wondered if her days of independence were over. She didn't want to move in with any of her children, so she decided to give Faith in

Action a try. The Faith in Action volunteers came into her life and the adventure began with:

Mario Mancinelli, her friend of over 60 years became an FIA volunteer at Jayne's urging, so he would "get credit" for helping her. He helps Jayne stay connected to her faith community at the Unitarian Universalist church. Each week they make the trip to church together and share in the worship experience and prayer of the community. Since FIA volunteers can't accept payment, she "pays" him in Klondike ice cream bars, and that suits him just fine.

Nan Miller's mother and Jayne were friends years ago, and as an FIA volunteer, Nan brings the hope of continued independence and improved mobility to Jayne by taking her each week to her water exercise class at the YWCA. Jayne has mobil-

ity issues on land, but the water exercise helps her maintain her range of motion and balance—and she loves it. Nan says it is such a joy to see Jayne float about more freely, with a huge smile on her face and to see how much Jayne thoroughly enjoys the experience. They both really take pleasure in these outings. "Since Nan won't let me pay her, and doesn't want my Klondike bars, I always have a V-8 juice waiting for her when she brings me home. She is such a wonderful friend and always so prompt and courteous."

Summertime is FIA volunteer time for teacher Anita Claricoates who took Jayne shopping occasionally. One day Anita offered to help Jayne clean out and organize a closet and amazed Jayne in getting done in two hours what would have taken her days. While they worked on this, Jayne discovered that Anita speaks Spanish and so she asked Anita to help her regain some of her rusty Spanish language skills. Anita began to tutor Jayne in Spanish and Jayne's Spanish is improving! Anita's labor of love really touched Jayne.

Completing the circle is ISU professor Dr. Nancy Lind, and Marsha Lloyd White who are both dear friends of Jayne. Marsha also takes Jayne to the Y and out for lunch and other outings. They go way back! Nancy is Jayne's dear friend

and neighbor who checks on Jayne every morning before school and every evening. Whenever she visits, she always brings Shadow, her dog and Jayne's favorite granddog! Louise Darnall, Jayne's daughter, says that Nancy, Marsha, and all the new friends from Faith in Action have certainly given the family peace of mind knowing that their mom still has some independence and social connections.

The faith, hope, and love that others share with Jayne have been the keys to her happiness and continued independence. She has touched our volunteers with her kindness and zest for life and their lives are enriched through their relationships with her.

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Bobbi's Bytes

It is hard to believe that FIA has been here for five years already, but this year we celebrate our 5th anniversary of service to the community with great thanks to all our volunteers, care receivers, church partners, and donors who have made this program a great asset to Bloomington-Normal. Our five year anniversary party was a wonderful success. Thanks to all who came and celebrated with us!

Many thanks to Mike O'Donnell from the East Central Illinois Area Agency on Aging who led our Board of Directors Strategic Planning Retreat in August and to Greg Alford for hosting the retreat at Advocate Bromenn and making us all feel very welcome. Thanks to the Board members for their willingness to tackle the work

of building a sustainable and vibrant program that will serve the community's seniors for years to come. You are terrific!!

Speaking of terrific, in an effort to meet the needs and wants of our terrific volunteers, please be on the lookout for a volunteer survey coming to you soon! Please complete the survey and help us plan our events and activities that have meaning and interest for you-our treasured volunteers. All those returning their completed surveys by November 17th will have their names entered in a drawing for an overnight stay at the Parke Hotel. (See how important this is!) The winner will be announced at the December 4th Holiday Open House.

As the season of thanks and gratitude is upon us, I would

like to say a special word of thanks to all those who prayed for my family during my mother's illness and surrounded us with prayer when she died. I am so appreciative of all the emails, calls, visits, cards and memorials to Faith in Action in her memory and for all the ways you showed the love of God to me in the difficult days after her death. I love my Faith in Action family and find such comfort in having this ministry in my life. As I reflect on the opportunity to tell Mom how thankful I was for her presence in my life and how much she meant to me, I pray that you will be sure to tell someone how grateful YOU are that THEY are in your life and what they mean to you. Seize the opportunity to show someone the love of God and

watch how lives are changed. Thank you for caring about Faith in Action and working with me to bring positive change to our seniors in Bloomington-Normal.

Blessings and thanks to you all,
Bobbi

2010 Faith In Action Board of Directors

President: Sandy Holcomb
 Vice-President: Greg Alford
 Treasurer: John Plattner
 Secretary: Kay Marvin
 Members at Large: Gary Brandenburg, Georgia Brooks, Madonna Courtright, Gerry Decker, Father David Halt, Pat Parmenter, Ray Rybarczyk, Linda Sorrells and Bob White

Hurry, do you have your 40 hrs in!!

If you are an employee, agent, or retiree of State Farm, your volunteer hours can help FIA. Through the **Good Neighbor Grant Program**, State Farm Companies Foundation awards a \$500 grant on behalf of each State Farm associate who volunteers a minimum of 40 hours a year. FIA is an eligible non-profit organization. Lets get those 40 hrs recorded today!

2010 & 2011 Volunteer Orientation Dates

Volunteer Orientations bring people together to learn about the Faith In Action ministry. New volunteers are given the tools to serve our care receivers & learn about the policies and programs we offer.

Orientations are held at the FIA office at 410 N. Prairie St. (corner of Prairie and Market Streets) and come complete with snacks and/or a meal.

To become a FIA volunteer sign up in advance for one of our upcoming Orientations:

We have 2 left in 2010:

- **Thursday, November 18th @ 5:30pm**
- **Tuesday, December 7th @ 9:30am**

We are busy putting together our 2011 schedule. Here is the first half of the year:

- **Thursday, January 13th @ 9:30am**

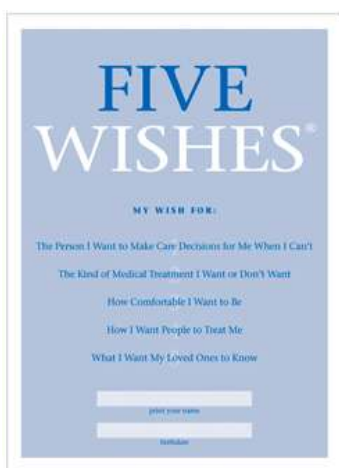
- **Thursday, February 3rd @ 5:30pm**
- **Tuesday, March 8th @ 9:30am**
- **Tuesday, April 12th @ 9:30am**
- **Thursday, May 12th @ 5:30pm**
- **Tuesday, June 14th @ 5:30pm**
- **Thursday, July 14th @ 9:30am**

Please share these dates with anyone you know who may want to be a part of our ministry.

Five Wishes is changing how we talk & plan for end of life

If your association, church group, club, or organization is looking for an insightful topic and lively speaker we have just the presentation for you.

Bobbi Hynes, **FIA** Executive Director has helped many groups to begin the discussion of planning for the end of life by using **Five Wishes**.



Five Wishes is an easy to use legal document written in everyday language that lets adults of all ages plan how they want to be cared for in case they become seriously ill.

Five Wishes helps you express how you want to be treated if you are seriously ill and unable to speak for yourself. It is unique among all other living will and health agent forms because it speaks to all a person's needs: medical, personal, emotional and spiritual.

Five Wishes also helps structure discussions with your family and physician.

Five Wishes lets your family and doctors know:

Wish 1: The Person I Want to Make Health Care Decisions for Me When I Can't

Wish 2: The Kind of Medical

Treatment I Want or Don't Want

Wish 3: How Comfortable I Want to Be

Wish 4: How I Want People to Treat Me

Wish 5: What I Want My Loved Ones to Know

Faith communities of all traditions use **Five Wishes** because it is the only advance directive that deals with spiritual matters. It assists health care providers in respecting your religious beliefs in case you become seriously ill. It also emphasizes the important role of faith communities during times of serious illness.

Five Wishes can be the catalyst for conversation within a family. Sometimes it begins with grandparents and other times it is the younger family members who bring up the topic. Regardless of your age, you can bring this gift to your family.

Here is what one participant had to say after a presentation Bobbi gave last month:

"Now my concerns and wishes can be thoroughly reviewed by my family." – Vern Prenzler, Bloomington, IL



*Call today to schedule a **Five Wishes** presentation by Bobbi Hynes at 827-7780 or email her at bobbih@bnfia.org.*



*Roarbert the Lion
Scentsy Buddy*

On **Saturday, November 13th**, Linda Crowley will be hosting an open house at 25 Harbor Pointe Circle, Bloomington from 10 am - 2pm. 20% of all sales from

Christmas Shop & Help FIA at the Same Time

the following products will go to Faith In Action: Scentsy, Tastefully Simple, Thirty One, and Usborne Books.

If you are not able to attend the open house, but would like to help FIA by placing an order, you may order the products on line.

Products from **SCENTSY**

<http://kimcrowley.scentsy.us>

Click on "buy from party" and order at any time! The item or items will be shipped directly to you home.

Products from **TASTEFULLY SIMPLE**

Email or call Diann Kamp at 309-663-1254. *Some yummy stuff for the holidays!*

Products from **THIRTY ONE**

www.mythirtyone.com/heidikelly

On the right side of the page, click **My Events**. Click on either **Linda Crowley** or **Faith In Action fundraiser**. Click on **shop now**. Please place orders *after Nov. 1st with Thirty One*. You

will have the direct ship option for your items, however, shipping will add a slight cost.

Products from **USBORNE BOOKS**

www.ubah.com/HOS184665

This site will take you directly to the Faith In Action Fundraiser.

If you have questions, please contact the consultants via the websites.

THANKS SO MUCH FOR SUPPORTING FAITH IN ACTION!

FIA Rolls out the Welcome Mat...

WELCOME TO OUR NEW VOLUNTEERS

(Since our last newsletter)

Bradley Anderson, Floss Barbic, Amy Fischer, Father David Halt, Stacey Jewett, Evon Long, Sandy McAuley, Sharon Nair, Camillia Pioletti, Barb Quick, Ashley Ropp, Ray Rybarczyk, Gary Scarbeary, Elisabeth Susco, Joseph Susco, Tom Sutter, Karyn Therman, Andrea Tilford, Chris Ward, Linda Williams, John Wochner and Leonard Wochner.

Speaking of Volunteers:

A HUGE Thank You to **Jeanette Follick** for being the trainer of the transport desk volunteers at the office. As a retired nurse,

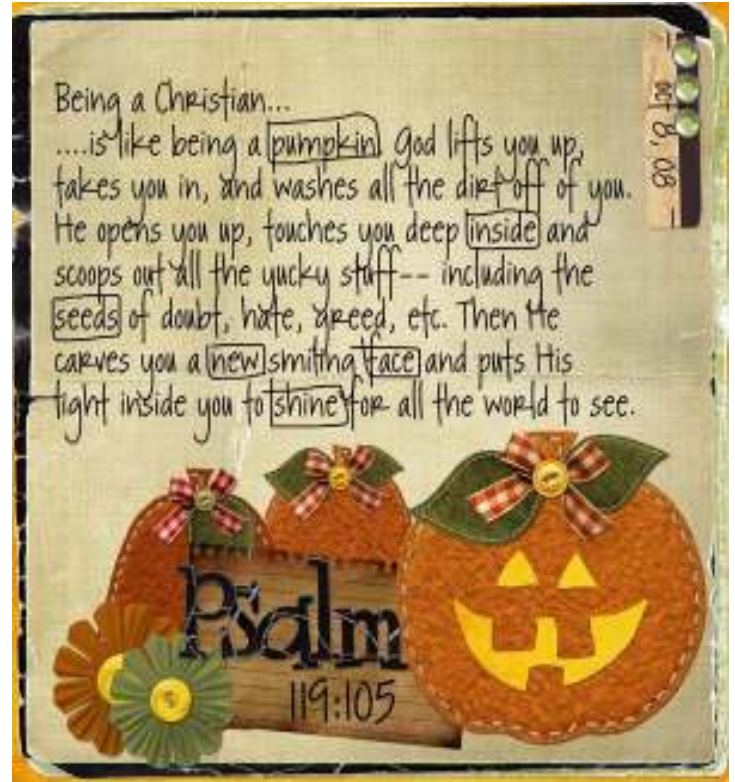
that training comes in very handy as she gently guides the new transport desk volunteers to understand how to match the drivers to the care receivers, how to make complete case notes on activity, how to resolve scheduling issues and even phone etiquette. Jeanette has a wonderful way of making the process approachable and less overwhelming for those she trains. And, she never loses her sense of humor! What a delight she is to work with. If you would like to help us in the office at the transport desk, just call Bobbi and she will set you up with a visit with Jeanette.

Coalition Congregations—

Our coalition partner congregations provide time, talent and treasure to FIA. They give

us time to come to their services & publicize FIA and they take time to refer care receivers to us. We receive the talents of congregation members who serve as volunteers and we are the recipient of treasure in

funds to support our programs. We treasure our partnership with these congregations and are working to expand our coalition to include more congregations in the Twin Cities.



Layout by Designer Nikki Painter

Faith In Action Q & A's

CAN I GET A RIDE TOMORROW? -Probably Not! We require at least 3 business days notice for transportation appointments—keep in mind we are open M-Thu and closed Fri. We need this much time to contact our active and busy volunteers.

SOME OTHER FIA GUIDELINES: We provide rides within Bloomington-Normal for medical appointments, therapy sessions, medication pickups or grocery trips. Individuals need to

be able to walk with minimal volunteer assistance. We cannot do total transfers of wheelchair bound individuals for liability reasons. We refer people to the Special Services of Bloomington-Normal Transit or the YWCA Medivan for those needs.

All new Care Receivers need to have a home visit by one of our parish nurses before we can begin any service delivery. Care Receivers are encouraged to call in appointments as soon as they are scheduled. **Appointments**

for Monday need to be in by previous Wednesday.

If someone lives in a supportive or assisted living arrangement, we MAY assist them, but we ask them to work with their facilities' transportation FIRST, then contact Faith In Action as a back up. This allows us to prioritize those who have NO other option for transportation.

WILL YOU TAKE ME SHOPPING? We are happy to assign you a volunteer shopper if you call in and let us know of your need.

DO YOU KNOW OF ANYONE WHO MAY WANT A NEW FRIEND?

One of the most valuable tasks that our volunteers perform is reassurance calls. These calls are one way for easing the loneliness and isolation that some of our care receivers deal with daily. Friendly visits are usually at a designated time at the care receiver's home. This is a time to catch up on current events, watch a movie, reminisce over photos, swap stories, and in general have fun!

The Irony of Caregiver Guilt

After eight years of being the sole caregiver of her parents, who were both living with Alzheimer's disease, Mary had a stroke. The stroke affected her mobility and leg strength, but most importantly to Mary, it meant her caregiving days were over. Her doctor said if she went back to full-time, around-the-clock caregiving, she would likely pre-decease her 86- and 89-year-old parents.

Because Mary's siblings lived out of state and offered no help, long-term care placement would have to be found for her parents before she was released from the hospital. Mary's guilt about no longer being able to be the direct caregiver for her parents led to a clinical depression and affected her own rehabilitation.

In desperation, Mary contacted a therapist who helped her see that she had given her parents eight years of the best, most loving care she

could, even at the expense of her own health. The therapist also pointed out that as much as Mary's parents might not like living in a long-term care facility, they would like it even less if she was institutionalized somewhere with a massive stroke, or dead because of the caregiving she provided for them. That helped ease the caregiver guilt a bit for Mary, and though she struggles with it still, there's more she can find to be grateful for than to feel guilty about. After all, she kept both parents at home for eight years, diligently handled their finances and kept them both healthy and safe.

Regardless of the illness or disease with which your loved one is struggling, it is all too easy to find yourself in the clutches of caregiver guilt, despite the fact that you have nothing to feel guilty about. Another thing Mary began to realize through her therapy sessions was that her guilt was slowly giving way to another

feeling – gratitude.

"I am grateful that I was given the chance to do all of this for them," Mary says now. "I'm sad it wasn't until the end of their lives, but I am grateful it was for as long as it was. Gratitude keeps me from sinking to the depths of despair over the guilt...and it also helps me put everything into perspective."

I couldn't have said it better myself.

The Fearless Caregiver's Guide to Beating Caregiver Guilt

- Recognize your feelings of caregiver guilt.
- Understand the family dynamics with which you are dealing.
- Learn to appreciate all you do as a caregiver.
- Do not feel ashamed to share your feelings.
- Take the time to care for yourself.

Gary Barg, Editor-in-Chief
Today's Caregiver magazine

A Letter of Thanks from Rosemary

We recently received a letter from Rosemary Bryant after she learned about us on the web. As she searched, she was drawn to our program here in the Twin Cities. She felt led by the Lord to offer us a gift each month in memory of her mother.

"My mother died last year of Alzheimers disease,

Pneumonia, congestive heart failure and many other ailments. She had been quite ill for a long time. I wanted to make sure I helped support programs that cared for seniors. Donating to this charity is a way for me to honor her and be obedient

to God's Word about giving. —**Rosemary Bryant**

We are grateful to Rosemary for directing her charitable giving to our Faith in Action ministry.

From Pat's Pantry



Pat Parmenter's Monkey Bread

Ingredients:

3 cans jumbo butter flavor biscuits
1 cup sugar
1 1/2 tsp cinnamon
1 stick melted butter

Directions:

Cut biscuits in quarters. Roll in cinnamon sugar mix. Layer in oiled Bundt cake pan. Pour melted butter over biscuits. Bake 45-50 minutes in 375° oven. After baking let cool for 10 min. Invert on serving disk and glaze.

Glaze:

1 1/2 powered sugar
1/2 tsp vanilla
2T milk or enough to make a thin glaze. Pour over warm Monkey Bread and serve while still warm.



Please consider including FIA in your estate planning. Contact Bobbi Hynes to discuss this opportunity to help seniors remain independent and keep the mission of Faith In Action going strong.

Thanks to Our Dedicated Donors for Putting Their Faith Into Action—

We are grateful to all who donated since our last newsletter.

Benefactor Faith In Action \$1000 & up

Calvary United Methodist Church
Our Saviour Lutheran Church
OSF St Joseph Medical Center

Partner of Faith In Action \$500-\$999

Janice Lewis
Joan Schaab
Linda Sorrells
First Christian Church
Lydia Circle—Second Presbyterian
Wesley United Methodist Church

Advocate of Faith In Action \$250-\$499

Gary Brandenburg
Rosemary Bryant
Gerry Decker
John Plattner
Women of 2nd Presbyterian Church
Second Presbyterian Church

Angel of Faith In Action: \$100-\$249

Jackie Brigham
City of Refuge Ministries
Catherine Crockett
Epiphany Catholic Church
First Baptist Church
Les Foster
Loyola Hintzman
Alice Laws
E Joan Miller
James Miller
Charlotte Talkington
Bob White

Friend of Faith In Action: \$1.00-\$99

Randall & Jane Adkins
Helen Allen

Litta Ballow
Edmonia Banks
Robert & Darla Beerup
Audrey Bishop
Joyce Blanchard
Jean Brickey
Georgia Brooks
Edna Brown
Frances Bush
Merlyn Carlock
Yolanda Chiestder
Vivian Cole
Sylvia Cooling
Virginia Cox
Albert Crawford
Fred Cremeens
Elizabeth Curtis
Pasquale DeRosa
Don & Helen Doty
Josephine Duncan
Margaret Eckhardt
James Eimer
Kathryn Folts
Grace Gaither
Ralph & Sylvia Gibson
Cleta Griffith
Father David Halt
Louise Harpster
Audrey & Bill Hart
Marion Heissler
Judith Hilst
Maurice Hilt
Sandy Holcomb
Elizabeth Hornbrook
Eleanor Hutton
Donna Jenkins
Carrie Kemp
Helen Killian
William & Margaret King
Mary Knuth
Patsy Kramer
Donna Lesher
Dorothy Lockenvitz
Jessica Mayo
Gloria McConnell
Evelyn McFaddin
Helen Moore
Michael & Maria O'Donnell
Rosemary Powell
Tom & Gayle Powell
Lenore Quackenbush

Doris Ritter
Mary Roseberry
Helen Rutledge
Eugene & Betty Salch
Mary Schildt
Jon & Joyce Scholl
Mary Scott
Paul & Marjorie Shaffer
Phyllis Shannon
Don Short
Dennis & Linda Steele
Alma Stoddard
Garnet Studley
Bev Sweeney
Breanna Tabb
Shawntelle Thornton
Evelyn Tosh
JoAn Turner
Joyce Vannice
Michael & Renee Warren
Doris Waters
Marian Webb
Louise Whiteman
Gloria Williams
Kathy Gay Wilson
Marcella Wilson
Margaret Woodburn
Mattie Young

In loving memory of Dorothy Barrett:

Claire Alexander
Richard & Rose Barrett
Marguerite Boyd
Gary & Dixie Brandenburg
Marcella Brienens
Karla & Paul Creed
Linda Crowley
Faye Eades
Joan Erickson
Anita Gibb
Delora Griffin
Growmark Foundation
Ruth Hargis
Bonnie Henke
Martha & Bob Hillmer
Judy Huff
Mark & Sherri Hynes
Maureen Kasza
Dianne McNamara
Jeannine & Chuck Montgomerie

Dominic Napoli
Dina Oakes
John Plattner
Nan Ragsdale
Robert & Laura Rowe
Charlene Schaffer
Lisa Weber

In loving memory of Anna Ehrmantraut:

Marilynn Geskey
Lynn Lowe
Mattie Young

In loving memory of Ernestine Henry:

Diane Ware

In loving memory of Coletta Kintzle:

Hal Johnston

In honor of FIA volunteers Tom & Mary Sutter:

Doris Clower

Be certain that if we have forgotten your name on this list, that God has not.



**FAITH
IN ACTION**

Faith in Action of Bloomington-Normal is a 501(c)3 tax exempt organization recognized by the state of Illinois and the federal government.

The Gala is coming! The Gala is coming!

Mark your calendars now for the 3rd annual Faith in Action Gala on February 12, 2011. It promises to be a wonderful evening of dinner, entertainment and auction excitement.

I'm Martha Hillmer. My husband, Bob, and I are honored to be the co-chairs for the main fundraising event of Faith in Action in Bloomington-Normal. We have a dedicated team of volunteers who are already working on all the details to make the evening a success: invitations, registration, decorations, silent and live auctions, sponsorships, publicity, finances, etc. These are the leaders who have started the ball rolling. Now for all of you who want to help, but didn't want to be

"in charge" of something, it is time to step forward and make yourselves known to our committee chairs. They are counting on your support.

For our auctions, please consider donations of:

"SERVICES"—Carpet cleaning, car detailing, spa visits, garden planting, others.

"BEAUTIFUL AND UNIQUE HAND-CRAFTED ITEMS"—quilts, afghans, wood sculptures, blown glass, etc.

"GIFT BASKETS"— from Tastefully Simple, Silpada, Lia Sophia, Pampered Chef, Avon, Mary Kay, etc. Are you (or is someone you know) a sales rep for these products?

"HIGH-QUALITY DECORATIVE PIECES"—WATERFORD crystal, Llandro figurines, Swarovski crystal, Beleek china, Heirloom jewelry in excellent condition that you own but are ready to offer for someone else to enjoy.

"GIFT CARDS"— In any denomination from area merchants and restaurants.

Kay Marvin (829-1518), silent auction co-chair will be happy to accept your contributions and answer questions.

Linda Stuckey, of the decorating committee, is looking for a few good men (and women) to help collect some branches (this sounds intriguing) in October. She will also need people to help bring all their decorating ideas to real-

ity in the weeks leading up to the Gala and, of course, on February 12, as everything is put into place in the hotel ballroom. Last, but not least, we need a list of wonderful people who will help remove our things after the party is over. Call Linda (378-4688) to tell her you are ready to give her a helping hand.

These are just a few of the ways you can assist our Faith in Action Gala team. If you have other time, talents and treasure you wish to share with us, please call Bob and me (820-9560) or the FIA office (827-7780). Thanks so much for helping FIA. We look forward to having the best Gala ever!

Martha-----*

Five Year Anniversary & Prayers of the Faithful

We wish to thank everyone who helped us celebrate our 5 Year Anniversary at our Ice Cream Social September 19th in Grace Hall at Second Presbyterian Church.

We loved the cakes made



by Janet's and donated, along with the ice cream, by Bloomington Rehabilitation and Healthcare Center. Wonderful piano music filled the air compliments of "Six Hands" and also Nancy Nickerson. Illinois Rep. Dan Brady stopped by with a certificate of appreciation from the House of Representatives for our work in the community. FIA President Sandy Holcomb shared some thoughts on the growth of FIA in our community in these five short years and then presented Executive

Director Bobbi Hynes with a memento of the occasion from the Board of Directors. A good time was had by all.

Let Us Pray.....

A Book of Prayer intentions is now available in the office, thanks to Reverend Don Crittendon. You are welcome to call us, email us, or stop by to write in your prayer requests. We will be sure to add all the intentions to our daily prayers when we

meet at 1pm each day and to lift your concerns at our staff meetings as well.

There is much power in the prayers of the faithful, so let us join you in prayers of concern, petition, and thanksgiving to our God.

Mark your calendars NOW!
DECEMBER 4th
"Sharing the Season"
Open House at our office 410 N Prairie

Faith In Action of Bloomington-Normal

**410 N. Prairie
Bloomington, IL 61701**

Phone: 309-827-7780

Fax: 309-828-7038 attn: FLA

E-mail: dina@bnfia.org

david@bnfia.org

bobbib@bnfia.org

On the Web at www.bnfia.org
& now friend us on Facebook.



**A neighbor's
independence
depends on
you.**

Upcoming Events

**Mark your calendars
NOW!
DECEMBER 4TH
"Sharing the Season"
Open House at our
office 410 N Prairie**

The mission of Faith In Action of Bloomington-Normal is to provide non-medical support to seniors over 60 years of age and their caregivers through an interfaith network of volunteers, faith congregations, and community organizations.

<i>Event</i>	<i>Date and Time</i>	<i>Location</i>
GALA Team Meeting	Tues Nov. 9th 4:30pm	FIA Office
Volunteer Orientation	Thu Nov 18th 5:30pm	FIA Office
Volunteer Committee Mtng	Tues Nov. 22nd 11am	FIA Office
FIA Board Meeting	Tues Nov 30th 12:00pm	Second Presbyterian
FIA Open House	Sat Dec 4th 9—11am	FIA Office
FIA Office Staff Meeting	Mon Dec 6th 12:00pm	FIA Office
Volunteer Orientation	Tues Dec 7th 9:30am	FIA Office
GALA Team Meeting	Tues Dec 14th 4:30pm	FIA Office
MERRY CHRISTMAS	MERRY CHRISTMAS	MERRY CHRISTMAS
FIA Office Staff Meeting	Mon Jan 3rd 12:00pm	FIA Office
FIA Liaisons Meeting	Thu Jan 6th 5:30-7:30pm	St Luke Union
GALA Team Meeting	Tues Jan. 11th 4:30pm	FIA Office